Parenting Fundamentals



Process

(1) Print one sheet out for each of your children, (2) Think through and write down answers to these questions together, (3) Repeat the process for each child – their needs are likely to be different, (4) Revisit every few weeks.

What does Insert Name need from us practically?	What does Insert Name need from us emotionally?
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•	•
•	•
•	•
•	•
•	•
•	•
Are there expectations on Insert	Can Insert Name help us and the
Name we can loosen?	family more? How?
•	•
•	•
•	•
•	•
•	•

This accompanies installment 3 of Couples That Work @ Home: The Survival Series

